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How you can get Kylie's bottom

by **Nadine Baggott**

The secrets behind that perfect posterior

OK, we admit it, as a nation we're obsessed with Kylie's bottom. It's because it defies gravity and the passing of time with such — forgive the pun — barefaced cheek. At the age of 33, Kylie has the bottom a woman of 23 would envy, and it looks in better shape now than it did two years ago when she donned those oh-so-famous gold hot pants for the Spinning Around video. Just how does she do it?

Despite the rumours, not surgery. Caroline Barnes, Kylie's personal make-up artist says: "We had a good laugh at that suggestion. It's ridiculous. I can assure you that her bottom is naturally like that, and what's more she doesn't even have a personal trainer. She dances a lot when she performs, watches what she eats and is always busy. It's all she needs to keep in shape."

Cosmetic physician Patrick Bowler agrees. "There is no evidence of bottom-lift surgery in the photographs, because there are no scars," he explains, referring to the scars that run underneath each cheek at the top of each thigh after a bottom lift. "Some women just have the genetic good luck to start out with a nice bottom," he adds. But just how does Kylie protect her peach from turning into a pear?



The Salon Treatment

Horror of horrors that we should see the merest hint of cellulite on Kylie's pert bottom, so she turns to the Karin Herzog range of oxygen-based products and treatments to keep her skin in perfect condition. Karin Herzog worked with her Nobel Prize-winning husband Paul to create a range of creams and salon treatments that deliver oxygen and vitamin A into the skin, where it is used by the cells to regenerate collagen and elastin fibres, the very things that keep skin plump and firm.

Kylie has long been a fan of oxygen facials and has also tried their Cellulite Spot Firming Treatment. This uses a combination of exfoliating fruit acid creams that leave skin soft and smooth, and oxygen delivery creams that tingle when applied but really boost the circulation, so no corned beef skin for Kylie.

Kylie Minogue's greatest asset, featured on the cover of her album