



Marcia Kilgore, founder of Bliss Spa, Soap & Glory and winner of the *Grazia* 02 Award for Beauty Businesswoman Of The Year, is always looking for the best beauty products – and gets to buy them on expenses for 'research purposes'. Result! She lets us in on her favourite finds...



'As a former acne sufferer, I can really recommend Karin Herzog's Vita-A-Kombi face cream, – it really does work.'



Wendy Lewis is an independent consultant and specialist in aesthetic surgery. If she doesn't know about it, it's not worth having

To speed recovery for his demanding New York facelift ladies, plastic surgeon Ed Ivy began using Karin Herzog's Vita-A-Kombi cream and found that it dramatically improved the speed of healing, skin texture and pore size, especially in smokers who are oxygen deficient.

The Swiss-made Herzog range, based on the research of a Nobel prize-winning scientist, has also become a favourite with beauties such as Linda Evangelista, Uma Thurman and Kim Basinger.

There are three versions of the Vitamin A and oxygen formula: Vita-A-Kombi 1 (one per cent oxygen) for all skin types, Vita-A-Kombi 2 (two per cent) for oily skin, and Vita-A-Kombi 3 (three per cent) for blemishes and dark spots. It has just gone into London stores and is already selling out. Get it quick.

Winter remedies

Karin Herzog has launched some limited edition treatments that provide remedies for typical problems that occur during the winter, and allow the skin to adjust to the environmental and climatic changes between January and March.

The latest in their Fresh-Air program, these treatments combine the decongestive benefits of Eucalyptus, the anti-septic, detoxing properties of Rosemary, the lymph stimulating effect of Copper, all with Herzog's unique and patented Oxygen therapy.

For further information telephone 0800 0562428

Karin Herzog a big hit in Hollywood



Karin Herzog: An actor's best friend?

Photograph: Channel 4

According to Loren Marketing, the entire cast of *Friends*, has a Karin Herzog Oxygenating facial when they come off set.

These popular oxygen-rich creams are said to be a great way of combating the damage caused by the bright lights and heavy make-up experienced by the acting fraternity.

And, in a recent interview in the *New York Times*, Kim Basinger was quoted as saying that the first thing that she packs when leaving to shoot is Karin Herzog's entire Oxygen range.

4 GIVE YOUR SKIN SOME OXYGEN

Men's skin is, on average, twice as thick as women's and as a result, needs precise treatment. Skincare specialist Karin Herzog—famous for her oxygen-rich products and treatments—offers a fantastic, super-effective range of treatments for men that treat the skin with unsurpassed results. Herzog's oxygen formula reaches the parts other skin creams can't. Karin Herzog products provide the male skin with all the raw materials necessary to achieve a vibrant and clear complexion, helping to promote healthy cellular activity, eliminate razor burns, reduce scar tissue and in-growing hairs, sterilize and heal cuts and wounds caused by shaving while reducing breakouts and blemishes. With unisex packaging, this retail line is a winner.

Men are from Mars

Remember the Venus and Mars theory? Men and women are different in many ways, one such difference being the thickness of the skin: A man's skin is, on average, twice as thick as that of a woman's and as such has specific needs that require precise treatment. For this reason Karin Herzog have developed a unique program of salon treatments especially for men. The Herzog salon-only Oxygen range includes facials which are lifting, anti-ageing, balancing and the Bodicial, which treats the face through lymphatic drainage of the body. Additionally, there are four body treatments including an indulgent full body treatment, a specific back treatment to cleanse and detox, sports therapy massage and a full body detox. For further information telephone 0800 0562428 or circle number 147.



marie claire

Karin Herzog (call 0800-056 2428 for stockists and salon details)
The secret of Julie's radiance is the Karin Herzog Smoothie Facial, £45, at the salon in Dickens & Jones on Regent Street. She also loves the Vita-A-Kombi Fruit Acids Cream, £50.



Vita-A-Kombi 2 cream, £43, Karin Herzog (0800 0562428): the best oxygen-based potion.

Facial Oil, £16.50, Karin Herzog (0800 0562428): a tiny drop goes a long way towards rescuing skin.



Fast GLAMOUR IN YOUR ELEMENT

Your birth sign can seriously affect your beauty routine. Here are the perfect products and pampering plan for your zodiac element

AIR
GEMINI, LIBRA, AQUARIUS
TREATMENT: Relax with an Oxygen Facial from £40 by Karin Herzog – celebs' secret weapon – or visit London's new Bliss Spa (www.blissworld.com) for their version.

Relaxing spa-type beauty products suit Libran Gwyneth

Topical debate

A stabilised form of oxygen in an emulsion is used in the Karin Herzog range. Developed by Swiss epidemiologist Dr Paul Herzog, the oxygen is contained in a liquid form in the

emulsion and released in a gaseous form on contact with the skin. This creates a pressure of up to 10 atmospheres which has the effect of injecting the oxygen through the skin.

Salons need not worry about free radical production while using this product either as the products deliver water along with the oxygen which has been proven to restrict damage.

In addition to oxygen the emulsions also deliver vitamins A and E and the range includes a number of complementary products such as exfoliants, cleansers and toners.

Therapies which incorporate the oxygen technology include the Smoothie, an infusion of oxygen, vitamin A, water and vitamin E; the Pore Draw, a detoxifying extraction facial and the oxygenating sports therapy massage.



Packaged in a transparent 15ml black and gold pot, Karin Herzog's Eye Cream contains the benefits of a 0.5% oxygen concentration.

It aims to decongest and relax the eyelids and skin surrounding the eyes forming a hydro-lipid film to maximum nourishment and comfort.

Promising a firmer, brighter eye area, the pot is priced £15.83, rrp £31.00. RBN - 016



My miracle worker

Vita-A-Kombi

Uma Thurman,

36, actress

'I love Vita-A-Kombi – it's a magical lotion that keeps pimples away.'

What it is: An amazing face cream that repairs and restores damaged skin – great for older or spot-prone skin, or anyone who smokes. (Available in three types – Vita-A-Kombi 1, 2 and 3)



Why it's so good: Used morning and night, it hydrates skin and minimises large pores. But more importantly, it contains oxygen, which kills bacteria, removes toxins and plumps up sagging skin – no wonder Uma's a fan.

How to get it: Visit www.karinherzog.co.uk or call 0800 056 2428 for stockists.